

Fax

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To: House Labor and Commerce
Fax: 465-3835 Pages: 6 (counting this one)
Phone: _____ Date: 3-9-11
Re: _____ CC: _____
• Comments: HB 122 Testimony of Wayne Alderhold

HB-122

Wayne
Testimony of W. Aderhold
350 Grubstake Ave
Homer, AK 99603

March 9, 2011
House - Labor & Commerce

Chairman Olson & Members of the Committee,

I'm speaking for HB-122 today representing myself and other like-minded consumer-patients who utilize naturopathic doctors for delivery of their primary or secondary healthcare.

I'm 61 years old, have resided in AK for 36 of those years, and plan to live out my days here. My college degrees are in civil engineering and my work is construction project management. I've also had some direct experience in healthcare as a volunteer EMT with my local fire department in the 70's and 80's and nursing in a refugee camp in Thailand for 3 months. I also served on the Operating Board of my local hospital for a few years (1997-2000) and managed construction on the hospital for the Borough. Both experiences gave me insight into governance structure as well as behavior of the "players" (the Board, the administration and the doctors). Most importantly as applies to HB-122 I began taking a much more active role in my health & healthcare choices about 20 years ago when I realized not only was I not indestructible but that I had options in choosing my healthcare, and that the best route for me in the long term might also require not only going against "the flow" but also digging into my own pockets to pay for some of my choices. Looking back now I'm convinced I've made a good choice by taking the naturopathic route, including my initial step with a serious low back injury (1993) And also dealing with cancer (2002) ... as well as everything in between. During this period I started taking more responsibility for decisions which led to more self-education.

So, why should you listen to my views on this bill? In order to best serve consumers you should assure that the two "schools" of primary medical care are on an equal footing and fully empowered to practice in Alaska. From a financial perspective, you and I have a common interest since I value my health as nt chief asset and so I make decisions with the long haul in mind, which includes paying out of pocket when necessary. The only hope for flattening and then reversing today's upward curve in "healthcare" costs is for consumers to take responsibility for their health and care where they are able to, thereby cutting back on expenses that should rightfully be labeled "damage control" (not "healthcare"). Naturopaths, in their primary care role, are trained to teach their patients these skills.

We patient-consumers deserve to have a fully functional naturopathic option, which means:

- governance of the "trade" by a Board composed of peers
- maximizing the effectiveness of the "trade" by allowing to use all the skills they are willing to be responsible for, including access to the pharmacy

And why do I believe Government needs to be involved in this process? I've learned in my brief study of the history of the two schools of medicine that the saying is true: "If men were angels, there would be no need for government". Since the Civil War the school of medicine that formed the roots of today's naturopathic school has gone from a rise to predominance around the turn of the century to near extinction in the 1920's, and now a resurgence. A major component of this drama has been the struggle over prescriptive rights and with few exceptions it is currently the domain of the allopaths. Strange as it may seem today, there was a brief time when the pharmaceutical industry gained enough political clout to make it illegal for doctors to prescribe but wisdom overtook greed and the law was eventually

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overturned. Concern for the welfare of the patient has usually taken a back seat to business interests throughout the history of pharmaceuticals. The notable exception to this has been with the doctors who prescribe from the principle that "less is more" and it's not hard to see why this principle is counter to the financial interests of someone who makes more money when a patient takes more drugs for a longer period. I have a strong preference for having my prescriptions limited to the minimum necessary and written by an ND due to their inherent tendency to err on the side of letting my body heal itself whenever possible.

I understand legislative concerns regarding malpractice, but that should truly be a function of the Board once it is established (and points out the immediate need to pass HB-122 into law so that we do have a mechanism to deal with this possibility). From my personal experience with ND's over 18 years, I can say unequivocally that the concept of malpractice has never been even a remote factor in any treatment. I know something about malpractice in general from my experience on the hospital Board when we instituted the requirement for credentialed medical staff to qualify for malpractice insurance. What I learned from my research was that the bulk of malpractice claims were generated by a very small number of doctors and that in nearly every case they arose due to a failure of the medical staff to police its own ranks (ie, there was plenty of warning before significant incidents arose.)

My vision of a healthy coexistence of the two schools of medicine in AK is represented by joint knowledge sharing and transfer in the continuing education efforts required by proper governance, where each can gain from the knowledge of the other. This is already happening where entities like the Institute for Functional Medicine are assuming a "bridge" role in organizing symposia with AMA continuing education accreditation where providers from all disciplines, but particularly MD's and ND's are treated with equality and respect.

Let's move to the future of a vibrant healthcare system for Alaska by passing HB-122 into law now. I'm open to questions and welcome the possibility of more in depth discussion with any Legislative staff either via teleconference or in person (I traveled to Juneau last year for this bill and would do so again).

Respectfully,



attachments:

- Inst. Functional Med. - "Confronting Cancer as a Chronic Disease", May '10
- copy of book cover: "Divided Legacy" by Coulter, vol III

Note: subject is "primary care" &
7 MD's + 4 ND's are presenters.

Also note: this IFM session qualified for
24 AMA PRA Category 1 Credits of continuing ed.

Confronting Cancer as a Chronic Disease:

Primary Care Takes a 360-degree View



PROGRAM SCHEDULE

THURSDAY, MAY 20 (8:00 am - 5:30 pm)

Introductions David Jones, MD

Looking Ahead at Cancer Jeffrey Blum, PhD, FACN, CNS

New Strategies for Underlying Mechanisms of Cancer Jeffrey Blum, PhD, FACN, CNS
Clinical Conundrums: Dealing with Incomplete Information in the Assessment, Prevention
and Treatment of Cancer Dwight McKee, MD

The Art and Science of an Integrative Approach to Cancer Mary Hardy, MD

Panel Discussion Jeffrey Blum, PhD, FACN, CNS; Dwight McKee, MD; Mary Hardy, MD

FRIDAY, MAY 21 (8:00 am - 6:00 pm)

Synthesis and Introductions Jeffrey Blum, PhD, FACN, CNS

Pitiable Phenotypes: Changing the Way We View Cancer Dean Ornish, MD

Diet and Nutrition in Cancer Prevention: Separating Fact from Fiction Nancy Eisenberg, PhD, MEd, RD

The Role of Environmental Toxins in Cancer Development Gina Solomon, MD, MPH

Questions and Answers

CONCURRENT SESSIONS SCHEDULE

2:30-4:00 FRIDAY EARLY CONCURRENT SESSIONS

1A	Practicing the Practical Steps in Reducing Cancer Risks from Environmental Sources	Gina Solomon, MD, MPH
1B	Evaluating the Evidence of Controversial Cancer Treatments	Dwight McKee, MD
1C	Integrating Diet and Cancer Prevention	Mary Ellen Chalmers, PhD
1D	Soy, Phytoestrogens and Cancer: Prescription or Avoidance?	Mark Messina PhD, MS
4:00-4:30	AFTERNOON BREAK (Refreshments to exhibit hall)	
4:30-6:00	FRIDAY LATE CONCURRENT SESSIONS	
1E	Prostate Cancer and PSA: Evaluating the Evidence	Peter Carroll, MD, MPH, FACS
1F	Glucosinolates in Cancer Prevention	Jeff Fahey, MS, Sr.D
1G	SNPs, Genetic Risks and Cancer Prevention	Ruth DeBuck, PhD, RD
1H	Conversations with Cancer Patients	Marlene Frankel, MD and Mary Hardy, MD

CONCURRENT SES

2:30-4:00	SATURDAY EARLY C
2A	Nutritional and Brain Cancer Side Effects
2B	Guiding Patients in CC
2C	The Use and Misuse o
2D	Integrative Nutrition
4:00-4:30	AFTERNOON BREAK
4:30-6:00	SATURDAY LATE CC
2E	Biological Medicine in
2F	Individualizing Food &
2G	10 Essential Take-Home
2H	Biomedicine's for Primary

PROGRAM SCHEDULE

SATURDAY, MAY 22 (8:00 am - 6:00 pm)

Synthesis and Introductions Jeffrey Blum, PhD, FACN, CNS

Weighing the Risks and Benefits of Adjunctive Therapies during Chemotherapy and Radiation

Use Auschier, MD, FAHMO

The Role of Antioxidants and Immunostimulants in Cancer Prevention and Treatment

Jim Bredahl, MD, FAHMO

Why Attitudes and Beliefs Matter in Cancer Care Anne Costarelli, PhD

Concurrent Sessions 2:30 pm - 6:00 pm

FRIDAY, MAY 23 (8:00 am - 1:00 pm)

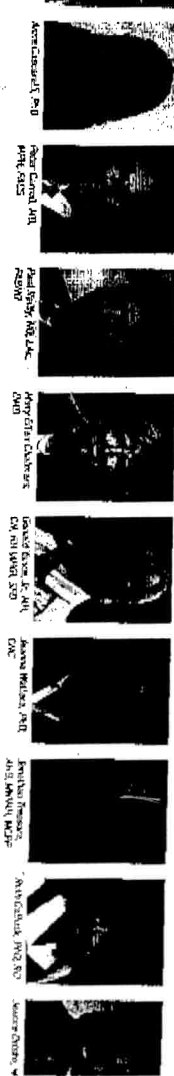
Synthesis and Introductions Jeffrey Blum, PhD, FACN, CNS

Long-term Biologic Strategies for Secondary Prevention of Cancer Keith Black, MD

Looking to the Future of Integrative Cancer Care Dan Rubin, MD, FAHMO

Living Longer and Better: Cancer Survivorship Challenges and Opportunities Mitchell Gaynor, MD

Concluding Remarks David Jones, MD



Continuing Education C

IFM is ACCP
containing
For M.D.s
24 AMA PRA
with the ex
Attendees
credits at 1



Hotel Information

The La Costa Resort and Spa
your reservations, be sure to
the Institute for Functional Me
reservations early! A block of
April 26, 2010 at the reduced
call the Panel at 800-854-5000

The Institute for Functional Medicine

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CONCURRENT SESSIONS SCHEDULE

2:30-4:00 FRIDAY EARLY CONCURRENT SESSIONS

1A	Providing the Practical Steps in Reducing Cancer Risks from Environmental Sources	Gina Salomon, MD, MPP	Adjunct cancer therapy types of cancer treatment that are used as adjuvant therapy include:
1B	Evaluating the Evidence of Controversial Cancer Treatments	Dwight McKee	Chemotherapy
1C	Integrating Dentistry in Cancer Prevention	Mary Ellen Chai	Radical surgery
1D	Soy, Phytoestrogens and Cancer: Prescription or Avoidance	Maria Messina	Immunotherapy
4:00-4:30	AFTERNOON BREAK (Refreshments in exhibit hall)		Targeted therapy
4:30-6:00	FRIDAY LATE CONCURRENT SESSIONS		Reddy See also
1E	Prostate Cancer and PSA: Evaluating the Evidence	Felix Caron, MD, MPH, FACS	
1F	Glucosinolates in Cancer Prevention	Jed Fahey, MS, Sc.D	
1G	SNPs, Genetic Risks and Cancer Prevention	Ruth DeBosch, PhD, MD	
1H	Conversations with Cancer Patients	Masha Froebel, MD and Mary Hardy, MD	

CONCURRENT SESSIONS SCHEDULE

2:30-4:00 SATURDAY EARLY CONCURRENT SESSIONS

2A	Nutritional and Botanical Adjunctive Treatments for Common Cancer	Paul Reilly, MD, LAc, FABNO	primary provider for W. Adenoid in 2002 (adjuvant therapy) for malignant melanoma in Arizona and follow up for prevention of re-occurrence; referred by J. Harmon MD (Anchorage), follow up care coordinated locally with P. Huffman MD (Homer)
2B	Individualizing Food and Nutrition Therapy in Cancer Care	Jeane Wallace, PhD, CNC	
2C	10 Essential Take-home Lessons about CAM and Cancer	Masha Froebel, MD	
2D	Biomarkers for Primary Prevention and Secondary Recurrence of Common Cancers	Michelle Goyner, MD	
2E	Botanical Medicine in Cancer: Case Series Results	Donald Fance, Jr., MEd, Ch, RPh (LAc), PhD	
2F	Individualizing Food and Nutrition Therapy in Cancer Care	Jeane Wallace, PhD, CNC	
2G	10 Essential Take-home Lessons about CAM and Cancer	Masha Froebel, MD	
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Living Longer and Better: Cancer Survivorship Challenges and Opportunities Mitchell Goyner, MD

Concluding Remarks David Jones, MD



Continuing Education Credit Designations

IFM is accredited by the Accreditation Council for Continuing Education to provide continuing medical education to physicians.

For MDs and DOs: IFM designates this educational activity for a maximum of 24 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in this activity.

Attendees with other degrees will find details about continuing medical education credits at functionalmedicine.org.



Hotel Information

The La Costa Resort and Spa, Carlsbad, CA—When making your reservations, be sure to mention that you are attending the Institute for Functional Medicine Symposium. Make your reservations early! A block of rooms is being held for us until April 26, 2010 at the reduced rate of \$205. For reservations, call the hotel at 800-854-5100 or 760-428-9111.



The Institute for Functional Medicine (IFM), Functional Medicine in Clinical Practice and AMPCP

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Contact

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THE CONFLICT BETWEEN HOMOEOPATHY
AND THE AMERICAN MEDICAL ASSOCIATION

LEGACY



HARRIS L. COULTER