

## SAFETY ALERT

### Daylight Saving Time:

*One hour forward...*

- At 2 AM Sunday, March 8, Daylight Saving Time will begin across the U.S. and parts of Canada.
- Remind all employees to turn their clocks forward one hour on Saturday evening, March 7th.



**ELEVATED RISK**

Please note this is an alert regarding a period of elevated risk!

### *Be Alert...*

- During Daylight Saving Time the sun will "set" one hour later in the evening and the sun will rise one hour later in the morning.
- People lose one hour sleep and may be tired from the time change.
- Collisions and injuries increase when people have to adjust to time changes.

Remind everyone to work safely this week, drive cautiously and be on guard for dangerous actions of other motorists.

### *Increased Risk of Sleeping Children...*

- *Children's sleep habits will be affected by the time change.*
  - It is very likely they may fall asleep on the bus during the ride home!
- *Stress to drivers and attendants to be on elevated alert.*
  - Especially this week while the children adjust to their new schedule.

### *Safety Actions Required for Your Location:*

- High-vis vest – Make sure everyone is wearing it – no exceptions!
- Yard lighting – Lighting controlled by a timer, must be set to turn on one hour earlier prior to leaving Friday, March 6<sup>th</sup> in the PM.
- Snow and ice – If snow and ice are present in the yard, treat them before leaving on Friday, March 6<sup>th</sup>. Assign someone to inspect the yard early Monday, March 9<sup>th</sup> prior to employee's arrival and treat the yard again if necessary. Employees may be less alert and hazards may not be visible to employees in the dark.
- Early A.M. pickups – Advise employees to be extra cautious while performing early morning pickups.
- Smoke and CO Detectors – Change the batteries on any smoke and CO detectors at your location and at your home. Safety is a 24/7 activity!
- Radio messages – *Increase the sleeping child radio reminders in the AM, MD and PM!!*

Your plan provisions will be tested this week. Ensure they are all in place.