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HOUSE JOINT RESOLUTION NO. 20

IN THE LEGISLATURE OF THE STATE OF ALASKA

TWENTY-SIXTH LEGISLATURE - FIRST SESSION

BY REPRESENTATIVES FAIRCLOUGH, Keller

Introduced: 2/23/09 Referred: Community and Regional Affairs, Labor and Commerce

A RESOLUTION

1 Urging the United States Congress to end daylight saving time.

2 BE IT RESOLVED BY THE LEGISLATURE OF THE STATE OF ALASKA:

3 WHEREAS 15 U.S.C. 260 - 267 (Uniform Time Act of 1966) establishes a system of 4 uniform time within standard time zones, and 15 U.S.C. 260a establishes daylight saving time 5 for the nation; and 6 WHEREAS daylight saving time originally began during World War I primarily to 7 save fuel by reducing the need to produce electrical power for artificial lighting; and 8 WHEREAS a recent study at the University of California, Santa Barbara, showed that 9 the introduction of daylight saving time in Indiana increased electricity costs by millions of 10 dollars; and 11 WHEREAS Alaska is called the Land of the Midnight Sun, so traditional notions of

- 12 dusk and dawn are irrelevant in much of the state; and
- WHEREAS, before 1983, Alaska used five time zones that allowed for "sun time"
 and "clock time" to be synchronized; and
- 15 **WHEREAS**, during transitions into and out of daylight saving time, people sensitive 16 to the time of sunrise and sunset experience a disruption of their circadian rhythm, a

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1 recognized sleep disorder called jet lag; and 2 WHEREAS Alaska created "political time" in 1983, which is not based on the 3 position of the sun in the sky; and 4 WHEREAS during each transition into and out of daylight saving time, the nation's 5 productivity suffers while the population adjusts to the new time; and 6 WHEREAS many teachers and administrators in Alaska have suggested that there is a 7 disruption in student productivity as Alaska transitions into and out of daylight saving time; 8 and 9 WHEREAS a majority of Alaska's students go to school in the dark and return home 10 in the dark; and 11 **WHEREAS** Alaska rapidly gains and loses natural daylight, which makes the use of 12 daylight saving time pointless within days of its implementation; and 13 WHEREAS every transition into and out of daylight saving time requires the 14 population to waste time changing the settings on clocks and other items; and 15 **WHEREAS** communication technology has improved the ability of businesses to 16 interact with vendors around the world; and 17 **WHEREAS** there are benefits to the nation of not changing time during the year, 18 including the benefit to businesses of having a consistent time for communicating with their 19 business partners in other American time zones and international time zones; 20 **BE IT RESOLVED** that the Alaska State Legislature urges the United States 21 Congress to end daylight saving time by repealing 15 U.S.C. 260a. 22 **COPIES** of this resolution shall be sent to the Honorable Barack Obama, President of 23 the United States; the Honorable Joseph R. Biden, Jr., Vice-President of the United States and 24 President of the U.S. Senate; the Honorable Nancy Pelosi, Speaker of the U.S. House of 25 Representatives; the Honorable John Boehner, Minority Leader of the U.S. House of 26 Representatives; the Honorable Harry Reid, Majority Leader of the U.S. Senate; the 27 Honorable Mitch McConnell, Minority Leader of the U.S. Senate; and the Honorable Lisa 28 Murkowski and the Honorable Mark Begich, U.S. Senators, and the Honorable Don Young, 29 U.S. Representative, members of the Alaska delegation in Congress.