

Over 80 medications authorized for 18 years

under Alaska Naturopathic law, which would continue

to be authorized under SB 175 or HB 266.

NOT a complete list. NOT a formulary.

AS 08.45.050 A person who practices naturopathy may not give, prescribe, or recommend in the practice, a prescription drug;

12 AAC 42.990: In AS 08.45

(8) "prescription drug" does not include a device or herbal or homeopathic remedy or dietetic substance in a form that is not a controlled substance;

(3) "herbal remedy" includes medicines derived from or a concentrate or extract of a plant, tree, root, moss, fungus, or other natural substance; "herbal remedy" does not include a controlled substance;

Herbal Medicines: **Capsicum Tincture** is derived from cayenne peppers and when prepared according to recognized national guidelines it becomes a prescription product. Other prescription tinctures include **Arnica Montana** (flower of the mountain daisy for muscle injuries), **Gelsemium** (vine of the yellow jasmine for treating the flu), **Lobelia inflata** (Indian tobacco leaf is a pulmonary tonic), **Bryonia alba** (root of the bryony plant for viral illnesses), **Phytolacca decandra** (poke root for throat infections) and **Crataegus oxyacantha** (berry from the hawthorne tree is a cardiac tonic). Other examples: **Adonis vernalis**, **Aesculus hippocastanum**, **Aethusa cynapium**, **Agave Americana**, **Alisma plantago**, **Ammi visnaga**, **Amorphophallus rivieri**, **Anacardium orientale**, **Artemesia**, **Asclepius**, **Baptisia tinctoria**, **Berberis aquifolium**, **Cactus grandiflorus**, **Caladium seguinum**, **Calendula officinalis**, **Ceanothus americanus**, **Cineraria maritima**, **Cocculus indicus**, **Convallaria majalis**, **Crocus sativus**, **Dulcamara**, **Equisetum hyemale**, **Eupatorium perfoliatum**, **Euphrasia officinalis**, **Foeniculum vulgare**, **Fraxinus excelsior**, **Glycyrrhiza glabra**, **Helleborus niger**, **Humulus lupus**, **Ignatia**, **Ipecac**, **Juniperus communis**, **Lactuca virosa**, **Leonorus**, **Lycopodium**, **Mentha viridis**, **Nux vomica**, **Oleander**, **Origanum majorana**, **Phytolacca decandra**, **Pulsatilla**, **Ranunculus bulbosus**, **Ruta graveolens**, **Spigellia**, **Staphysagria**, **Syzygium jambolanum**, **Zingiber officinale**

Compounded products: There are many medicines that are available over the counter (OTC), but when a pharmacist prepares them for specific medical application they become prescription products. Examples are: **Glutathione** (3 amino acids) prepared in a nebulized form to treat lung conditions, **Butyric acid** (found in butter) prepared as an enema to treat ulcerative colitis, **Boric Acid** prepared as a vaginal suppository, and **Progesterone** from the wild Mexican yam. Other examples include **Estradiol**, **Estriol**, **DHEA**, **Pregnenolone**, **Acetic acid (vinegar) ear drops**.

Nutritional products: All of these are available OTC in certain forms as well as in prescription forms. **Lovaza** is an oral, prescription omega 3 product (fish oil concentrate). **Nascobal** is a prescription, nasal B12. **Injectable B12** is also prescription as well as some formulations of **oral B12**. Other examples of prescription nutrients include certain forms of **Vitamin D**, **Vitamin C**, **Folic acid**, **Pyridoxine**, **Magnesium**, **Potassium**, **Alpha lipoic acid**, **Amylase**, **Betaine hydrochloride**, **Lipase**, **Niacin**, **Zinc**.

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