**Adverse Childhood Experiences (ACEs)**

ACEs are traumatic events that can happen in a child's life. These events cause the child high levels of stress that, if not buffered by a strong, supportive adult relationship in the early years of brain development, can permanently damage the young child’s developing brain and lead to a long list of negative physical and mental health outcomes in adulthood.

An adult relationship can be with a parent, grandparent, caregiver, teacher or any competent and caring adult who maintains regular contact with the child. Funding early intervention provides the largest possible return on investment.

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**The Percentage of the Full Dosage of ACEs accumulated in the 50 States**

Child and youth populations by age group

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**Young Alaskans have acquired HALF of their accumulated ACEs by the age of 3**