



# Representative Ivy Spohnholz

## House Health & Social Services Committee Chair

*House District 16: College Gate, Russian Jack, Nunaka Valley, Reflection Lake & Wonder Park  
Committee Member: Education, Energy, Military & Veterans Affairs, Legislative Budget & Audit*

### **Sponsor Statement**

#### House Bill 138

**“An act establishing the month of March as Sobriety Awareness Month.”**

HB 138 recognizes March as Sobriety Awareness Month in the State of Alaska. Sobriety Awareness Month celebrates the many Alaskans who practice a lifestyle without the use of mood or mind-altering substances. It also acts as an opportunity for schools, community groups, public and private agencies, and individuals to commemorate those who live a sober lifestyle and to raise awareness for the treatment and prevention of alcoholism, drug abuse, and misuse of other substances.

Sobriety is a hard but positive choice that deserves to be celebrated around the state. HB 138 gives Alaskans the opportunity to gather and celebrate those who lead a healthy, positive and sober lifestyle.